

[MOAN - 'Bipolar Love Affair EP Released March 27 2020](#)

[Spotify 3000 Monthly listeners + 140,000 + Steams gained in 2020](#)

[Youtube - 5 \(Official Videos from the E.P.\)](#)

“The Process”, so just over 2 years ago I decided to use my personal diary notes as my writing process and personal therapy, for the E.P I’ve used all my emotions, events, explorations of potential pathways going on around me to conceptualise and understand my mental health, mood swings, passion & relationships, Including my friendships displaying me, my style & my own reality while working with my favourite producers and rapper. I’ve just bred more or less of my soul and humanity in this project.

From a break up, losing friends, abusing drugs and alcohol and severe suicidal thoughts, tendencies and actions leading to me feeling lucky / confused to be alive in 2020, and also finding my feet in a new world after release.

“Lead Single” The Story Ends - (Prod. Forrest Moon) 11,000 + Views

<https://www.youtube.com/watch?v=4ZAK2gvHTN8>

The whole E.P goes out to those who feel emotion in their art, heart and music or even crazy, unloved and emotional or confused and lost in the world.

Even with covid, I managed to self direct & edit all my videos and have rebranded MOAN into Message Of A nation Records, I’ve been interviewed and Aired on BBC radio & im really wanted to get back on the live shows!

With almost 50 shows under my belt between 2018 and the end of 2019 I think it’s time to hit the stage with some old & new exclusive material from the upcoming first album.

BIPOLAR LOVE AFFAIR



