

Tea-Black/Earl grey

Tea-Green

Tea-Caffein free

Milk for tea (Vegan) if not then regular.

Honey for tea or sugar.

Alcohol free beer (Becks blue)

if not then any other beer with no alc.

Sparkling water (Lemon)

Or any other without sugar.

Clean water.

Fruits.

Nuts.

Almonds.

Sour cream chips.

Avocado.

Tomatoes.

If there is food then no gluten/red meat or dairy.