

CATERING REQUIREMENTS	MONJA HAMMOND
Continental breakfast	Coffee, cream, sausages, eggs, tomato, natural orange juice, bread.
Rest of meals	Normal food of the country
Lunch	Salads, mexican food, rice, pasta, sandwiches, cheese, avocado, fruit
Supper	Soup&cream, meat, vegetables, chips, sushi, chicken, hummus, hamburgers.
Drinks	Wine, beer, natural fruit juices, cola, energy drinks, ice, no water
Hotel room	Chocolates, energy drinks, fried chips
Delicattessen	Cakes, salads, all kind of appetizers.
Diet	High iron content