***Are you searching for inner peace and happiness?***

***Do you find yourself wondering who exactly you are?***

***Do you question your purpose in life?***

Big life changes you crave could be easily within your grasp, thanks to the simple but effective power of song. This fabulous new album delivers key messages selected from the teachings of the best speakers, philosophers and experts in self-development.

Music and lyrics can touch the emotions and deliver a message in the most powerful of ways. A strong lyric and melody can be remembered for a lifetime, so lending itself perfectly as a platform to deliver lasting and powerful messages for personal development.

**12** is an album created by accomplished musicians Gary Holt and Karl Whitworth that brings together music and life-coaching principles in a fresh, resonant new way.

SO HOW DOES IT WORK?

First of all, **12** offers wonderful listening. The album will appeal to those who desire the guidance delivered in the messages contained in the songs and also to people who just want to hear good music.

The set of music tracks, superior songs, well recorded, arranged and presented are not only a joy to listen to but will interest, fascinate, motivate and guide the listener through key messages within the lyrics.

WHO ARE GARY HOLT AND KARL WHITWORTH?

Rewind to the mid-Eighties when European pop was massive in Japan. And there, right at the heart of it all, were four young Englishmen who made up G.I. Orange, a talented, good-looking band that had the cheek to outsell such starry names as Madonna, Duran Duran and a-ha.

With smash singles, an album that went gold and nationwide tours of sell-out concerts, from Nagasaki to Tokyo, G.I. Orange were a sensation that would never be forgotten by Japanese fans.

The original band G.I. Orange – was formed by vocalist and lead guitarist Karl Whitworth and vocalist and drummer Gary Holt. CBS/Sony’s belief in G.I. Orange was more than rewarded when their first release, Fight Away the Lover, went way up the Japanese charts, paving the way for Psychic Magic, which hit the number one spot in 1984, knocking Duran Duran’s A View to a Kill off the top place.

The G.I. Orange follow-up album went gold, which was no surprise as the band had become a household name in Japan, appearing constantly on television and radio.

Gary Holt and Karl Whitworth back together with a full mix of song writing, musical skills, arrangement and production for a new project and direction. This time with a very different set of life experiences, musical direction and fresh ideas.

The experience and knowledge gained from a lifetime of music, business and the study of spiritual and personal development shines through in a collection of musical wisdom.

The musical style encompasses soulful, natural instrumentation, world rhythms and atmospheric moments. Deep and full sounds, rhythms and haunting melodies will free the emotions, uplift, inspire or simply make you feel good.

For more information see the website [www.12music.co.uk](http://www.12music.co.uk)