



**ARTIST: BLØSH**  
**TITLE: 'KEEP BLEEDING, KEEP BREATHING' LP**  
**LABEL: JULIA JULIA RECORDS**  
**FORMAT: DIGITAL**



**IMPACT DATE:**

12<sup>TH</sup> FEBRUARY 2016

**TRACK LISTING**

1. GIVE IT AWAY
2. DANCE WITH ME
3. KEEP YOUR TONGUE
4. WHEN THE LIGHT DOESN'T FIT YOU
5. WHEN LOVE IS ALIVE
6. CHOIR & THE STARS
7. SEE YOU AGAIN
8. NOBODY KNOWS (KEEP BLEEDING, KEEP BREATHING)
9. HIGHWAY
10. NIGHTMARES

**KEY POINTS**

- Oslo-based electro-pop outfit **BLØSH** return with their debut album, *'Keep Bleeding, Keep Breathing'*, produced by **Grammy Award** nominee **Øyvind Gundersen**.
- The pair has previously worked with the likes of **Stealing Sheep**, **Jonas Alaska** and **China Crisis**, as well as receiving widespread support from **Hillydilly**, **Amazing Radio**, **Indie Shuffle** and **GAFFA**.
- The album features a collaboration with **Grammy Award** winning singer **Siri Nilsen** and a co-producer credit for Grammy nominee **Hanne Kolstø**.

**SOCIAL MEDIA**

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*"unabashed, instantly enjoyable stuff that will have you – in the best way possible – thinking back fondly to your mid-00s indie days" – Wonderland*

*"There's a sunny-side-up sensibility to BLØSH's unashamedly perky indie-pop" - DIY*

Hot on the heels of their recently released single *'Give It Away'*, Oslo-based electro-pop outfit **BLØSH** announce their debut album, *'Keep Bleeding, Keep Breathing'*, set to drop on 12<sup>th</sup> February 2016.

The duo, which comprises Oslo-native guitarist **Jørgen Berg Svela** and Madrid-born cellist and singer **Teresa Bernabé**, have been carving out a name for themselves with their infectious sound since the release of their debut single in 2014. Since then they've gone from strength to strength, featuring on the likes of **Indie Shuffle** and **Hillydilly**, alongside securing coveted airplay on **Amazing Radio**, **NRKP3** in Norway and **Radio3** in Spain. Having lately gained the seal of approval from **Dan Croll** for their new single, as well as an inclusion on **Spotify's** 'Hot New Bands' playlist and a spin from **BBC 6 Music's Steve Lamacq**, they also boast a recent nomination as *'Newcomer of the Year'* in the critically acclaimed Norwegian music magazine **GAFFA** – and it's not hard to see why.

Kicking off with the **Wonderland**-premiered *'Give It Away'*, whose colourful accompanying visuals debuted on **DIY**, the album follows with the funky guitar licks of *'Dance With Me'*. This in turn moves seamlessly into the punchy percussion and tight bass of *'Keep Your Tongue'*: recently selected as the soundtrack to new hit drama *'Unge Lovende'* on Norwegian national TV station **NRK1**. The darker, slow moving emotional tones of *'When The Light Doesn't Fit You'* is steeped with 60s-inspired reverb guitar, whilst standout track *'When Love Is Alive'* - a captivating collaboration with **Grammy Award** winning singer **Siri Nilsen** - marks the mid-point of the album with its spotlight on Teresa's silky vocals. Meanwhile, her soft timbre on the stripped back *'Choir And The Stars'* brings an intimate, raw respite from the LP's otherwise layered sounds.

*'See You Again'* once again showcases layers of masterful harmonies, alongside the duo's trademark upbeat guitar riffs and Teresa's unique cello playing, which here consists of pizzicato chords to help set the groove of the song. As the album heads towards its finale, *'Nobody Knows (Keep Bleeding, Keep Breathing)'* brings vocals which call to mind **Regina Spektor's** *'You've Got Time'*, and features Grammy nominee **Hanne Kolstø** as a co-producer, whilst *'Highway'*'s scuzzy bassline and driving chorus provides one last outburst before the emotions of final track *'Nightmares'* round off the release. The electronic percussion coupled with an atmospheric piano chord sequence is reminiscent of **London Grammar**, with subtly discordant strings and synths all contributing to the suspenseful mood of **BLØSH's** final flourish.

Produced by Grammy nominee **Øyvind Gundersen**, *'Keep Bleeding, Keep Breathing'* is a polished debut with all the markings of a band on the rise. With influences as wide ranging as **Paul Simon**, **Dirty Projectors**, **The Dø** and **The Beatles**, whose very own **Paul McCartney** has voiced his support for Teresa and her unconventional cello playing in the past, the **BLØSH** fanbase is surely only set to grow.