



<http://www.mouthuk.com> / <http://facebook.com/mouthuk@theresaelflein>

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To whom it may concern,

Please find our press kit attached.

This press kit includes:

- Biography
- Fact sheet
- Press coverage links and quotes

If you have further questions, please do not hesitate to contact us as outlined above.

We appreciate your time and efforts, and are looking forward to working with you.

All the best,

Pietro Cavallo
Theresa Elflein
Andy Fraser aka MOUTH



Biography

MOUTH began in early 2013 as the solo project of German-born singer/songwriter Theresa Elflein.

Musically and ideologically, she had been inspired by a number of unconventional female artists, namely PJ Harvey, Björk and Amanda Palmer, and their artistic integrity, their daring work exploring unsettling sounds and lyrical subjects, their unorthodox approach to vocal, instrumental and production techniques, and their expressive image, often depicting femininity and sensuality in a provocative, sometimes bare, and sometimes distorted form. Along with those features, she admired the pop sensibilities providing those artists' musical framework.

MOUTH seemed like a simple, suitable name for Theresa's musical project which was based on these parameters essentially derived from punk, and her both outspoken and introspective song material. Throughout 2013, she performed in Cambridge, London and Stockholm under this moniker, often supported by friends joining in as impromptu guest musicians.

It did not take long until Theresa found that her solo live performances did not project gripping energy she had envisioned for her songs, and decided that this could be resolved by performing with a drummer. In late 2013, her friend and previous musical collaborator Andy Fraser joined forces on drums, and numerous rehearsals, abrasive on a musical, and harmonious on a personal level ensued. In April 2014, Italian bassist Pietro Cavallo came on board, rounding off the angular, ferocious signature sound of MOUTH with the required low frequencies, and completing the lineup. The track 'Blood Beat' was released along with a music video directed by Artiom Barkun, and featured twice on the BBC 6 Introducing Mixtape show with Tom Robinson.

The German/Scottish/Italian trio spent the rest of the year performing regularly in Cambridge and London, and recording and producing their debut album *Núna* (Icelandic for 'now' - depicting a state of immediacy, or impatience).

Half of the songs were recorded live in the studio by the full band, ensuring that the aforementioned state of immediacy would be preserved on the recordings, while Theresa recorded the other half on her own by mixing beats and instruments with samples created from field recordings and previous band recordings.

In November, the AA single 'Ancestor//Blood Beat' was released online as a pretaste of the album, due for release in March 2015, with the date to be confirmed.

Currently, MOUTH perform regularly in London and Cambridge, with upcoming tours and festival appearances in the UK, Germany and Italy this summer. They are also in the process of writing new material, this time prioritising a collaborative approach, and working more abrasive electronic sounds into the fabric of their song-based music, taking inspiration from krautrock, post-punk and ambient music.



Fact Sheet

Genre: Alternative / Experimental Pop

Influences: PJ Harvey, Björk, Radiohead, The Dresden Dolls, Talking Heads, Cocteau Twins

Based in Cambridge / London

Formed in 2013 as a solo project, current 3 piece lineup formed in April 2014

Discography

***Núna* LP**

Released in March 2015 (date tbc)

'Ancestor // Blood Beat' AA Single

Released on 21 November

Available at: <https://mouth-music.bandcamp.com/>

Personell

Theresa Elflein

vocals, guitar, piano, ukulele, songwriting, programming

Pietro Cavallo

bass

Andy Fraser

drums, songwriting

The single 'Blood Beat' featured twice on **The BBC 6 Introducing Mixtape** with Tom Robinson in April 2014

MOUTH performed a musical piece based on suggestions from Twitter and Facebook followers at the 24 hour art festival **Night Watch** at the Junction, Cambridge in June 2014

The band composed and performed a soundtrack for the short film 'Wax' by Artiom Barkun at **Romsey Art Festival** in August 2014. The film can be found here:

<http://vimeo.com/113006834>

Review of the show by Rychard Carrington: <http://www.localsecrets.com/ezine.cfm?ezineid=4492~sound-and-vision-at-cb2+gigs-and-nightlife>



Press Coverage

Slate the Disco, 'Ancestor // Blood Beat' AA single feature', 29 November 2014:
<http://slatethedisco.com/2014/11/mouth-unleash-aa-side-ancestor-blood-beat/>

Overblown, 'Listen to "Blood Beat" & "Ancestor" by Mouth', 26 November 2014:
<http://overblown.co.uk/listen-blood-beat-ancestor-mouth/>

Local Secrets 'Sound & Vision at CB2 - Radical ambient music during Romsey Art Festival', 18 August 2014:
<http://www.localsecrets.com/ezine.cfm?ezineid=4492~sound-and-vision-at-cb2+gigs-and-nightlife>

Headstand Radio, 'Headsound: Mouth - Blood Beat', 12 May 2014:
<http://headstandradio.blogspot.co.uk/2014/05/headsound-mouth-blood-beat.html>

Slate the Disco, 'Cambridge // Best bands and acts of 2013', 27 December 2013:
<http://slatethedisco.com/2013/12/cambridge-best-bands-and-acts-of-2013/>

Quotes

The beats are just so mad, it's impossible to tap your foot along to it, and yet it sounds all fresh and accessible.' - **Tom Robinson on 'Blood Beat', BBC 6 Introducing**

'Mouth have a versatile musical intelligence and dynamic presence, meriting a place in a post-Talking-Heads art-rock lineage.' - **Rychard Carrington, *Local Secrets***

'There's no perfect box to put them in - and while saying "*hard to categorize*" in a press release can often be translated as "*we don't really know what we're doing*", MOUTH know exactly who they are and where they're headed.' - **Wesley Freeman-Smith, *Overblown***

'Tempering singer-songwriter tendencies with cut-up electronics, a propensity towards experimentation, each performance shows a new facet - like a slowly revolving zoetrope. What links it all is its front woman's stunning voice, able to floor audiences with both belting a capella or subtle textural crooning.

In a climate where women in alternative music seem to have taken a step back, content to mope about prettily with their good haircuts and ever-broken hearts, it's warming to find someone continuing to walk the road paved by strong female pop acts like PJ Harvey, Bjork, and countless other 90's pioneers.' - **Wesley Freeman-Smith, *Slate the Disco***