



## CATERING RIDER.

Before and after the show:

Bottles of water, juice, coffee and tea, beers (2 x 30 x 33 cl) e.g. Carlsberg or locally/regionally produced beer, soda (ordinary – NO light/max/zero), 3 cans of Redbull.

Snacks (chips, peanuts, fruit etc.)

When we leave the venue there should be 1 pizza/sandwich or similar pr. person to take with on the bus.

Notes about the food:

The band would like some good and healthy food with a lot of meat and vegetables.

**We have vegetarians in the band/crew. They do not eat meat, fish or poultry - however they eat eggs and dairy products. Nutritious food that is high-protein such as beans, tofu, nuts etc. would be perfect.**

**McDonalds, and the likes, is not food!**

Food does not contain caraway (the spice)!

Diner should be ready/available no later than **1 hour** before show start if possible unless other is agreed.

METAL IS YOUR DESTINY