

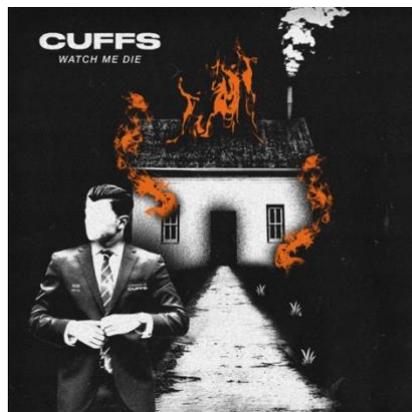
CUFFS

NEW SINGLE 'WATCH ME DIE' DROPS 11th FEBRUARY

Private Listening link [here](#)

'Watch me die is about the deterioration of mental health. It's about the people who know you're deteriorating but won't acknowledge it. It's about the people, who will actively watch you suffer, and the people who will inevitably, watch you die.' - Brodie Morgans (Cuffs Vocalist)

Album Artwork – Flowers & Bones Hi res available on request.



CUFFS latest single **Watch Me Die** drops onto streaming services on the 11th February. **Watch Me Die's** lyricism focuses on mental health and how people around you will watch you as your mental health deteriorates but will not go out of their way to help you. The resources to help those who are suffering are overwhelmed to the point of breaking; it is vital to reach out to those around you who suffer and offer your support.

Like their previous releases **CUFFS** prove they can tap into societal and mental health issues in a masterful way. Showing us that they are more than just loud noises, they're a deep thinking and thought-out band that can resonate with their listeners.

CUFFS wanted to encapsulate their raw, high energy, passionate live shows within this latest single, which was engineered and produced by Matthew Cook Producer, mastered by Pete Maher Mastering and Artwork designed by Flowers & Bones.

Since 2019 **CUFFS** have spent their time relentlessly gigging. Honing their craft and building a strong reputation as a chaotic live band. During 2021 **CUFFS** performed alongside the likes of Bob Vylan, Haggard Cat, Death Goals and El Moono with performances at Attitude and Turbulence festivals.

The punks who call themselves **CUFFS** will inspire you to take action, question the system around you, and have a damn good time while you do it. With drilling riffs, heavy beats and lyrics fuelled by angst and social frustration.

Coming from different parts of the UK (Devon, Gloucester, and Wales), Brodie Morgans (vocals), Lewis Harwood (drums), Will Kenneth (Bass) and Matthew Cook (Guitar), have collaborated their influences to give you the newest sound in the UK punk scene.

Previous Press Praise

'Channelling something of a sharp-edged, modernised and youthful 90's hardcore outfit, with one hell of a stiff upper-lip and the attitude to boot...just how punk rock should be.' - **On the House**

'CUFFS have harnessed the frantic punk energy of Black Flag with the modern poignancy of modern punk. It's a powerful combination that creates an intoxicating sound.' - **CLUNK Magazine**

'Raucous, Ruthless & holding a discography as infectious as their live performances, it's time everybody musically inclined was introduced to Cuffs' - **MOB Promo**

'These guys are definitely miffed off, and I'd say stick around if you want to hear their current opinion on Great Britain right now- **RGM Magazine**



Photo credit - Mitchellsvisuals - Hi res available on request.

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